

Year R PDL Overview from Sept 2023

<p><u>Autumn A</u> Me and My Relationships</p> <p>All about me What makes me special Me and my special people S Who can help me S My feelings My feelings (2)</p>	<p><u>Spring A</u> Valuing difference</p> <p>I'm special, you're special S C Same and different S C Same and different families S C Same and different homes S C I am Caring M I am a friend S</p>	<p><u>Summer A</u> Keeping Safe</p> <p>What's safe to go onto my body M Keeping Myself Safe - What's safe to go into my body (including medicines) M Safe indoors and outdoors M Listening to my feelings M Keeping safe online M People who help to keep me safe</p>
<p><u>Autumn B</u> Rights and Respect</p> <p>Looking after my special people S M Looking after my friends S M Being helpful at home & caring for our classroom S M Caring for our world M Sp Looking after money (1) recognising, spending, using, Looking after money (2) saving money & keeping it safe,</p>	<p><u>Spring B</u> Being My Best</p> <p>Bouncing back when things go wrong Yes, I can! Healthy eating My healthy mind Move your body A good night's sleep</p>	<p><u>Summer B</u> Growing and Changing</p> <p>Seasons Sp Life stages - plants, animals, humans Life stages: Human life stages - Who will I be? Where do babies come from? Getting bigger Me and my body - girls and boys *NSPCC Pantosaurus Pants film* M</p>

Key

S Social **M** Moral **C** Cultural **Sp** Spiritual