

The background features abstract, overlapping green geometric shapes in various shades, including light lime green, medium green, and dark forest green. The shapes are primarily triangles and polygons, creating a dynamic, layered effect. The central text is set against a white background that is partially framed by these green shapes.

Relationships Education at Fleet Infant School

May 2025

What does the Statutory Guidance (September 2019) state?

- ▶ Relationships Education is compulsory in all primary schools in England
- ▶ Relationships and Sex Education is compulsory in all secondary schools
- ▶ Health Education is compulsory in all state-funded schools

Guiding principles of the Statutory Guidance

- ▶ All of the compulsory subject content must be age appropriate and developmentally appropriate
- ▶ It must be taught sensitively and inclusively, with respect to the backgrounds and beliefs of pupils and parents while always with the aim of providing pupils with the knowledge they need of the law
- ▶ Parents and carers are the prime educators for children on many of these matters

In the primary school

- ▶ The aim of the teaching is to put in place the building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online
- ▶ This sits alongside the essential understanding of how to be healthy
- ▶ Teaching about mental wellbeing is central to Relationships Education
- ▶ The knowledge and attributes gained will support their own, and others' wellbeing and attainment and to help young people to become successful and happy adults who make a meaningful contribution to society.

Working with parents/carers and the wider community

- ▶ The role of parents in the development of their children's understanding about relationships is vital
- ▶ All schools should work closely with parents and should ensure that parents know what will be taught and when
- ▶ At Fleet Infant School we have an open door policy and parents are welcome to discuss our Relationships Education teaching

Relationships Education - What is taught in the primary school?

- ▶ What a relationship is
- ▶ What a friendship is
- ▶ What family means
- ▶ Who are the people who can support them
- ▶ Pupils are taught how to take turns, how to treat each other with kindness, consideration and respect, the importance of honesty and truthfulness, permission seeking and giving and the concept of personal privacy

Relationships Education - What is taught in the primary school?

- ▶ Establishing personal space and boundaries, showing respect and understanding the differences between appropriate and inappropriate or unsafe physical, and other, contact (these are the forerunners of teaching about consent which takes place at secondary school)
- ▶ Through Relationships Education, schools should teach pupils the knowledge they need to recognise and report abuse

Physical Health and Wellbeing - What is taught in the primary school

- ▶ Focus is on teaching the characteristics of good physical health and mental wellbeing
- ▶ Pupils are taught the benefits and importance of daily exercise, good nutrition and sufficient sleep, and giving pupils the language and knowledge to understand the normal range of emotions that everyone experiences
- ▶ Emphasis is given to the positive two-way relationship between good physical health and good mental wellbeing and the benefits to mental wellbeing of physical exercise and time spent outdoors

Physical Health and Wellbeing - What is taught in the primary school

- ▶ Teaching should make clear that people are social beings and that spending time with others, taking opportunities to consider the needs of others and practising service to others, including in organised and structured activities and groups (e.g. scouts) are beneficial for health and wellbeing
- ▶ Pupils should be taught about the benefits of rationing time spent online and the risks of excessive use of electronic devices

How do we teach Relationships Education at Fleet Infant School?

- ▶ Through our planned Personal Development Learning (PDL) lessons and activities
- ▶ Our teaching uses the SCARF PDL lesson plans and materials
- ▶ Relationships Education lessons with 'sensitive' themes are taught later in the academic year so teachers are familiar with their pupils and classes are established

‘Sensitive lessons’

- ▶ Some Relationships Education lessons within our school PDL scheme of work have been identified as having themes that we have termed ‘sensitive’
- ▶ When these are being taught parents will be made aware through our school newsletter

Sensitive lessons in Year R

- ▶ **Where do babies come from?** Covers, in very simple terms, where babies come from (from a woman's tummy), a seed (an egg) from a mummy/woman and a seed (a sperm) from a daddy/man and emphasis is on caring and the role of the family. Stories are used as a starting point for discussion, one suggested story covers adoption in simple terms.
- ▶ **Me and my body - girls and boys** emphasizes that some body parts are private, names body parts (penis/vulva) that are private. Focuses on who to tell if someone tried to look at, or touch, our private parts. NSPCC PANTS film *Pantosaurus* is shared with the children.
- ▶ **Listening to my feelings** introduces the concept of consent in the form of safe and unsafe touches, who to tell and what to do if they don't feel safe.

'Sensitive' lessons in Year 1

- ▶ **Keeping Privates Private** covers privacy, changes since being a baby, using the toilet on their own without help from a grown up and naming body parts (penis/vulva)
- ▶ **Surprises and Secrets** covers the difference between a surprise and a secret they are told not to tell, who to tell at home and school, being assertive and that it is ok to say no if someone asks them to keep a secret
- ▶ **Good or Bad Touches** covers naming body parts that are private, appropriate/inappropriate touch, who to tell, understanding the right to say no to inappropriate touch

NSPCC Underwear Rule PANTS

- ▶ The NSPCC Underwear Rule PANTS is used with the children in school
- ▶ Information for parents is on the NSPCC website and you may wish to use this when talking to your child about their bodies and privacy

‘Sensitive’ lessons in Year 2

- ▶ **Respecting Privacy** follows on from Year 1 Keeping Privates Private. Recaps on naming male/female body parts (penis/vulva), recaps that these body parts are private, they belong to you, no-one has a right to look at them or touch them
- ▶ **I Don’t Like That** recaps on inappropriate touch and how it might make us feel, recaps on NSPCC PANTS rule, models what children can say if they feel uneasy about a situation, looks at photos of children to develop discussion about how they might be feeling, signals, facial expressions and body language, reinforces who they can tell

‘Sensitive’ lessons in Year 2

- ▶ **My Body, Your Body** covers naming male/female body parts using correct names (penis/vulva/testicles/nipples), reinforces that these body parts are private, they belong to you, no-one has a right to look at them or touch them
- ▶ **Fun or Not** covers appropriate touch, feeling uneasy about a situation, telling someone they don't like something they are doing to them, reinforces trusted adults
- ▶ **Should I Tell** covers special people in our lives, the importance of not keeping any secret that makes them feel uncomfortable, anxious or afraid, reinforces who to tell

‘Sensitive’ lessons in Year 2

- ▶ **Some Secrets Should Never Be Kept** covers private body parts, a scenario about inappropriate touch by a man, unsafe secrets, secrets that are a nice surprise, trusted adults, who to tell if someone is being touched in a way they don't like